

Essence Spa Treatment List

PAYOT

Experience Facials

The perfect combination between performance and sensory effervescence, Payot Experiences are created especially for you. The tone is set from the first moments, with a prelude that will transport you into a bubble of relaxation. Then minute after minute, a choreography is set into motion, a combination of movements designed to instantly deliver visible results

My Payot Experience **55 minutes** **€70**
A fresh energising facial to revive radiance and attenuate signs of fatigue

Hydra Experience **55 minutes** **€70**
A hydrating skincare experience combining effectiveness and absolute relaxation for plumped up and perfectly hydrated skin

Parfaite Experience **70 minutes** **€85**
An anti-aging experience that simultaneously treats wrinkles, skin slackening and loss of radiance

Beauty Solutions Facials

A combination of exceptional techniques and active ingredients, the beauty solutions meet a specific skin need

Solution peau nette - deep cleansing **25 minutes** **€40**
The express radiance treatment rids the skin of impurities and reveals its inner glow.

Solution flash éclat - revitalising radiance in dull skin tones **25 minutes** **€40**
A Superfruit cocktail for all skin types needing a boost of luminosity and vitality.

Puri solution - treating combination to oily skin **55 minutes** **€70**
A purifying, balancing treatment to eliminate impurities for clean, matt and flawless skin results.

Sensi solution - treating sensitive skin **55 minutes** **€70**
This soothing formula relieves sensations of discomfort and eliminates redness to restore soft skin and a sense of well-being.

Nutri solution - treating dry skin that lacks comfort **55 minutes** **€70**
This nourishing treatment restores softness, soothing and suppleness. The skin feels plumped up and its radiance is revealed.

Solution techni liss - treating wrinkles **70 minutes** **€85**
This AHA peel smooths fine lines and wrinkles for an instant “skin renewal” effect.

Solution cicaexpert - treating damaged skin **70 minutes** **€85**

This regenerating and comforting treatment is recommended for alterations in the skin resulting from environmental aggressions or aesthetic skin treatments.

Solution ultra-lift - treating mature skin **70 minutes** **€85**

This firming, anti-aging treatment helps remodel the facial contour and instantly smooth the features.

PAYOT BODY

PERFORMANCE Slimming - refining the figure **55 minutes** **€85**

This draining treatment smooths the “orange peel” appearance in resistant skin areas for a more even surface and slimmer-looking figure.

PERFORMANCE Firming - refining and toning **55 minutes** **€85**

The figure looks firmer and toned. The skin is hydrated and plumped up.

PERFORMANCE Hydration - moisturising and softening **55 minutes** **€85**

This treatment transports you into a bubble of softness and relaxation.

GOMMAGE Body scrub - intense exfoliation **25 minutes** **€50**

This treatment eliminates dead skin cells and smooths rough areas, leaving skin soft and luminous.

Cleansing treatment for the back - deep-cleansing and tension release **45 minutes** **€55**

This treatment reduces the appearance of imperfections by adding genuine muscle relaxation. The skin is soft, smooth and clear.

Essence Massage Therapy

Swedish back massage **25 minutes** **€40**

Focusing on alleviating tension and muscle aches in your back, neck and shoulders

Swedish full body massage **55 minutes** **€75**

Alleviate tired and aching muscles with our specific massage techniques

Hot Stone back massage **25 minutes** **€50**

A relaxing massage using heated basalt stones focusing on your back, neck and shoulders

Hot stone full body massage **55 minutes** **€85**

Experience a luxurious and deeply relaxing massage using heated basalt stones. The perfect body treatment to relax aching muscles, relieve stress and ease tension.

Indian Head massage **25 minutes** **€45**

A deeply relaxing massage working on the upper shoulders, neck, scalp and face. Relieves accumulated tension and stimulates circulation.

Mummy to be

Pregnancy back massage **25 minutes** **€40**

Focusing on alleviating tension and muscle aches in your back, neck and shoulders

Pregnancy full body massage **55 minutes** **€75**

Alleviate tired and aching muscles with our specific pregnancy massage techniques

My Payot Experience **55 minutes** **€70**

A fresh energising facial to revive radiance and attenuate signs of fatigue

Hydra Experience **55 minutes** **€70**

A hydrating skincare experience combining effectiveness and absolute relaxation for plumped up and perfectly hydrated skin

Puri solution - treating combination to oily skin **55 minutes** **€70**

A purifying, balancing treatment to eliminate impurities for clean, matt and flawless skin results.

Essence Manicure **50 minutes** **€55**

Nail file and shape, Cuticle tidy, exfoliation, hydrating mask with heated mitts, hand massage and colour polish

Essence Pedicure **50 minutes** **€55**

Nail file and shape, Cuticle tidy, hard skin removal, exfoliation, hydrating mask with heated booties, foot massage and colour polish

***You must be over 14 weeks pregnant to avail of our pregnancy treatments.**

Essence for Men

Solution Opti-Male Facial **55 minutes** **€70**

This facial created especially for men, eliminates impurities and stimulates the skin to leave it clear and smoothed.

Deep Cleansing Back Ritual **45 minutes** **€55**

Specifically targeting areas of congestion with a cleanse and exfoliation of the full back, followed with a relaxing massage and deep cleansing detox mask to decongest and restore balance. Your skin is left soft and smooth.

Maintenance Manicure **25 minutes** **€20**

Nail file and shape, Cuticle tidy and nail buff.

Maintenance Pedicure **25 minutes** **€20**

Nail file and shape, Cuticle tidy, hard skin removal and nail buff.

Hands and Feet

File and Polish	20 minutes	€15
File and French polish	20 minutes	€20

Essence Manicure	50 minutes	€55
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Nail file and shape, Cuticle tidy, exfoliation, hydrating mask with heated mitts, hand massage and colour polish

Maintenance Manicure	25 minutes	€30
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Nail file and shape, Cuticle tidy and colour polish

Essence Pedicure	50 minutes	€55
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Nail file and shape, Cuticle tidy, hard skin removal, exfoliation, hydrating mask with heated booties, foot massage and colour polish

Maintenance Pedicure	25 minutes	€30
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Nail file and shape, Cuticle tidy, hard skin removal and colour polish

****Add a 2 week Artistic Colour Gloss to any manicure or pedicure for only €15***

2 week gel polish hands or feet	25 minutes	€25
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2 week gel polish hands & feet	50 minutes	€45
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Make Up

Artdeco make up application	€30
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Lashes and Brows

Eyelash tint	€15
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Eyebrow tint	€8
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Eyebrow shape	€10
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Eye trio	€28
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****Patch test must be completed at least 24 hours prior to first tinting treatment***

Waxing

Eyebrow	€10
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Lip	€8
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Chin	€8
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Underarm	€15
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Half leg	€20
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Full leg	€30
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Bikini line	€15
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Brazilian	€30
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Back	€35
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****Patch test must be completed at least 24 hours prior to first waxing treatment***

Spray Tanning

Full body spray tan	€25
Half body spray tan	€15

Spa Packages

Essence Spa Taster	75 minutes	€80 per person
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Choose any three 25 minute treatments

- Body scrub
- Discovery facial
- Relaxing leg and foot refresher
- Swedish back massage
- Indian head massage
- Maintenance Manicure
- Maintenance Pedicure

Essence Half Day	120 minutes	€125 per person
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- Swedish full body massage
- Payot Experience facial

Essence Full Day	210 minutes	€220 per person
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- Swedish full body massage
- Payot experience facial
- Essence Manicure
- Essence Pedicure